

**\$425 fee.** Group rate (3 or more) must be mailed/faxed together \$399 each. Deadline for registration is two weeks prior to course. Cancellation will be accepted until that deadline, minus an administration fee of \$75. NO REFUNDS AFTER DEADLINE.

Please make check payable and return to:

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Limited enrollment

## REGISTRATION FORM

Mealtime Miseries/Clawson/Elliott

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

PHONE (home) (    ) \_\_\_\_\_

PHONE (work) (    ) \_\_\_\_\_

EMAIL \_\_\_\_\_

Please clearly print your email address for course confirmation

EMPLOYER \_\_\_\_\_

DISCIPLINE \_\_\_\_\_ SPECIALTY \_\_\_\_\_

LICENSE NO. \_\_\_\_\_

**ERI Rewards.** I am registering for my 4th course since September 2002 and applying \$100 credit to the tuition. May not be combined with any other credit. Must be applied at time of registration. Subject to availability.

Please indicate course location attending:

Feb/FL     Mar/LA     Apr/OR

Sept/CT     Oct/IL     Nov/NY

I hereby authorize you to charge my:  VISA     MC     DISCOVER  
# \_\_\_\_\_

Exp. Date \_\_\_\_\_ Signature \_\_\_\_\_

CVV2 code \_\_\_\_\_ (last 3 digits on back of card) \_\_\_\_\_

Cardholder's name & billing address with zip code if different from above.  
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\_\_\_\_\_  
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I have read your refund policy above and understand *Education Resources reserves the right to cancel any course due to insufficient registration or extenuating circumstances. Please do not make non-refundable travel arrangements until you have called us and received confirmation that the course will be held. We are not responsible for any expenses incurred by participants if the course must be cancelled.*



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This was a wonderful continuing education experience. I have never come away from a workshop with so many practical ideas and techniques that I can immediately use in my practice. Well done!  
**Linda Newsome, SLP**

This is the best feeding course that I've attended. Practical, sound and useful! - **Theresa Gushaulis, OTR**

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## Mealtime Miseries: Management of Complex Feeding Issues



Carol Elliott



Elizabeth  
Page Clawson

February 5-6, 2010, Orlando area, Florida  
March 6-7, 2010, Lafayette, Louisiana  
April 23-24, 2010, Portland, Oregon  
August 6-7, 2010 - TBA  
September 11-12, 2010, Hartford, Connecticut  
October 8-9, 2010, Glenview, Illinois  
November 13-14, 2010, Staten Island, New York



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## COURSE DESCRIPTION

How does feeding, a process so integral to the child's health and well-being, go awry? The focus of this 2 day course is on a transdisciplinary (TR-eat) model integrating oral motor therapy techniques and behavioral management for the treatment of complex feeding problems. It will cover innovative strategies, using video case examples, to address oral aversion, food refusal, poor transition onto solid foods, texture grading, learning to chew, self feeding and feeding difficulties related to autism and picky eaters. It is relevant for infants and children through school age. This course is packed with practical solutions and hands on techniques that will empower you with new treatment ideas for your most complex patients. These interventions are systematic and evidence based with research supporting outcomes.

## COURSE OBJECTIVES

Participants will be able to:

1. Identify variables that produce complex pediatric feeding problems.
2. Utilize diagnostic and innovative intervention strategies to address feeding problems across developmental stages.
3. Use oral motor facilitation techniques simultaneously administered with behavioral strategies.
4. Learn texture grading techniques and apply them to the process of making pureed foods for children learning how to chew.
5. Determine treatment interventions for picky eaters, including those with autism, utilizing behavioral interventions.
6. Enhance problem-solving skills through careful analysis to determine the most effective interventions to maximize outcomes.

## LOCATION & ACCOMMODATIONS

Please visit our website for a listing of suggested hotels

February 5-6, 2010 - Florida

Florida Hospital Outpatient Center  
8701 Maitland Summit Blvd., Maitland, FL

March 6-7, 2010 - Louisiana

Regional Medical Center of Acadiana  
2810 Ambassador Coffery Parkway, Lafayette, LA

April 23-24, 2010 - Oregon

Emanuel Children's Hospital  
2801 N. Gantenbeine Avenue, Portland, OR

September 11-12, 2010 - Connecticut

Connecticut Children's Medical Center  
282 Washington St., Hartford, CT

## SCHEDULE DAY ONE

- 8:00-8:30 Registration/Continental
- 8:30-10:00 Review of feeding development birth-24 months (video examples). Identification of common etiologies related to feeding problems and challenges. Feeding difficulties for the 0-12 month old - Evaluation/treatment (medical management, formula, bottle feeding, positioning) video case studies.
- 10:00-10:15 Break
- 10:15-12:15 Evaluation/treatment intervention 0-12 months (oral-motor interventions, alternatives to bottle feeding, spoon feeding and placement) video case studies (cont).
- 12:15-1:15 Lunch (on your own)
- 1:15-3:00 Practice spoon placement techniques, squeeze bottle and preparation of smooth pureed table foods.
- 3:00—3:15 Break
- 3:15-5:30 Introduction and application of behavioral principles, clinical problem solving, video case examples. Discussion and questions.

## SCHEDULE DAY TWO

- 8:00-8:30 Continental Breakfast
- 8:30-9:30 Application of behavioral principles, video case study (cont)
- 9:30-10:30 Feeding problems and interventions for the 1-4 y/o (positioning, texture grading — preparation of texture grading pureed/chopped table foods) video case studies.
- 10:30-10:45 Break
- 10:45-12:00 Interventions for the 1-4 year old (chewing skills, self feeding, cup drinking) video case studies (cont).
- 12:00-1:00 Lunch (on your own)
- 1:00-3:00 Interventions for the 1-4 y/o (self feeding, cup drinking, targeting dawdling and packing) video case studies (cont).
- 3:00-3:15 Break
- 3:15-5:30 Picky eaters (food fading, systematic desensitization, structured mealtimes, reward programs) Treating feeding difficulties in children with autism. Video case examples. Discussion and questions.

## FACULTY

**Elizabeth Clawson, MS, Ph.D., LCP, HSPP** is a Clinical Child Psychologist for the Pediatric Feeding Program at St. Mary's Center for Children in Evansville, Indiana. Dr. Clawson received her M.S. and Ph.D. degrees from Virginia Commonwealth University. She completed her internship at the Kennedy Krieger Institute/Johns Hopkins University School of Medicine. She previously served for 10 years as the Behavioral Director for a feeding program in Virginia and has specialized in treating children with feeding disorders for 13 years. She has multiple research publications and presentations in the area of pediatrics.

**Carol Elliott, OTR/L** is a senior clinician for Children's Feeding Program at the Children's Hospital of Richmond, VA. She received her degree at Elizabethtown College in Elizabethtown, PA. She has worked in the area of pediatric Occupational Therapy for 20 years and has specialized in treating children with feeding disorders for 14 years. She has multiple research publications and presentations in the area of pediatric feeding disorders.

## AUDIENCE


Occupational therapists, speech language pathologists, psychologists, special educators involved in feeding assessment and intervention for infants through school age children with complex feeding disorders.

## CREDITS

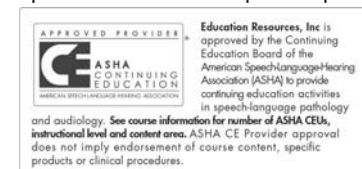
**LA/OR/IL/CT** - This course meets the criteria for 15 contact hours (1.5 CEU's). Application has been made to the Louisiana State Board of Physical Therapy Examiners and the Illinois Physical Therapy Association.

**NY** - Approved provider of 18 contact hours by the New York State Board of Physical Therapy.

**FL** - Application has been made to the Florida Physical Therapy Association for 18 continuing education hours (1.8 CEU's). Accreditation of this course does not necessarily imply the FPTA supports the view of the presenter or the sponsor. Approved provider of continuing education by the Florida Occupational Therapy Association. CE Broker.

 Approved provider of 15 continuing education hours by the American Occupational Therapy Association #3043. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures by AOTA.

NBCOT professional development provider.



This course is offered for **1.5** ASHA CEUs (Intermediate level, Professional area).